

**Medical Record Books: Instructions to Declarations Clerks**

**Issue of Medical Record Books**

1. Medical Record Books have been issued to all Amateur Riders in Great Britain and all Riders in Ireland.

**Presentation to Declarations Clerk**

2. On arrival in the Weighing Room, all Riders riding on the day who hold a Medical Record Book are to present their Medical Record Books to the Declarations Clerk, who is to examine the last entry made in the Recordable Accidents section.
3. Provided the last entry is "fit to ride", the Rider will be deemed fit to ride and his/her name will be added to the "Cleared List" of Riders who have produced 'clean' Medical Record Books.

**Last Entry in Red**

4. If the last entry is NOT "fit to ride" or is in **red ink**, the Rider is to be instructed to report to an RMO for examination. His/her Medical Record Book is to be withheld and his/her name added to the "**Red Entry List**" of Riders who have to report to the RMO. The Medical Record Book and the "**Red Entry List**" must be handed to the Clerk of the Scales for immediate action.

**Rider without Medical Record Book**

5. If an Amateur Rider has not brought his/her Medical Record Book with him/her, the Clerk of the Scales is to be informed and the Rider told to report to an RMO for examination and his/her name added to the "Medical Examination List".

**Riders from Abroad**

6. Declarations Clerks are to pay particular attention to the Medical Record Books of Riders who have recently ridden abroad, irrespective of whether they belong to foreign or British Riders because suspensions may not be recorded in **red ink**.
7. In respect of Riders from abroad, all Medical Record Books where issued must be reviewed by an RMO before being declared fit to ride ("Medical Record Book to be examined by an RMO List"). If such a Rider does not hold a Medical Record Book or his/her Medical Record Book requires him/her to be examined his/her name is to be added to the "Medical Examination List" and required to report to the RMO.

**Riders in Point to Points and Arabian races**

8. Amateur Riders taking part in Point to Point and Arabian races may have entries made in their Medical Record Books by a Point to Point or other Doctor. The examination and clearance of the Rider is to determine if he/she is fit to return to race riding on the day of examination only. Under no circumstances may a clearance of a "**Red Entry**" be back dated or post dated. These entries may **NOT** be in **red ink** or conform exactly with entries made under Rules. Declaration Clerks are to pay particular attention to Medical Record Books with a recent entry from a Point to Point or Arabian race meeting and in any case of doubt, the

Medical Record Book must be shown to the Clerk of the Scales and the Rider is to be examined by the RMO.

**Lists issued by Declarations Clerk**

9. When declarations close under Rule 141 (i) for the first race, the Declarations Clerk is to pass to the Clerk of the Scales the following four lists:
  - a) **Cleared List** – the list of Riders who have produced ‘clean’ Medical Record Books;
  - b) **Red Entry List** – the list of Riders in whose Medical Record Books the last entry was not “fit to ride” and who have been instructed to report to an RMO (with the Medical Record Books of those listed);
  - c) **Medical Examination List** – the list of Riders, including Riders from abroad, who have failed to produce their Medical Record Books and have been instructed to report to an RMO;
  - d) **Medical Record Book to be examined by an RMO List** – the list of Riders from abroad who ride under the provisions of Rule 61, whose Medical Record Books require examination by an RMO (with the Medical Record Books of those listed).
  
10. During the course of the day’s racing, any additional Rider arriving will have his/her name added to the appropriate list.