



## ANABOLIC STEROIDS POLICY

The following provides full details of BHA's revised Policy towards anabolic steroids and all products which are listed under Manual C, schedule 6, paragraph 3 of the Rules of Racing.

- There is a 'zero tolerance' of the use of anabolic steroids in British Racing.
- A horse must not be administered an anabolic steroid at any point in its life.
- The horse will become subject to any time testing, regardless of physical location and whose care the horse is under, from the time it is first registered with Weatherbys and remains in place, until it is permanently retired from racing.
  - All horses born in GB must be registered with Weatherbys within 12 months of birth (to be phased to six months after two years).
    - Export Certificates for all permanently imported horses must be registered with Weatherbys within three months of arrival in Britain. This registration must be followed by a sample that is reported to show no evidence of anabolic steroid administration following a BHA approved sampling process and analysis at a BHA approved laboratory. All costs associated with the collection and analysis of the sample will be borne by the person in whose name the horse is registered.
    - Horses imported from Ireland, France and Germany which have spent 12 months under their equivalent policies will be exempt from this requirement.
  - Runners from Ireland, France and Germany will be treated as British runners and sampled as per the standard testing policy (due to their mirror policies).
  - All other foreign runners must be in Britain (and the BHA notified of their whereabouts) a minimum of 10 business days in advance of their intended race. This will facilitate post-arrival sampling and analysis, the results of which will be received prior to the horse running.
    - Once a horse travelling from outside Britain, Ireland, France and Germany has satisfied the criteria to race in Britain and then subsequently leaves Britain to race or train in one of these four nations it will not need to be resampled under the requirements of this policy prior to racing in Britain provided it has remained domiciled in one of these four countries.
    - This applies each time the foreign runner leaves then re-enters Britain, Ireland, France or Germany to race.



- For any horse which tests positive or for which the BHA is satisfied by any other means that it has been administered an anabolic steroid a mandatory stand down period from training for 12 months should be imposed and the horse will be ineligible to start in any race under British Rules for 14 months.
  - This will apply from the date the breach of the rules occurred (e.g. the date a urine/blood sample was collected, or the date of administration if demonstrated by other means).
  - The horse will be disqualified from any race in which it has competed during the time period which the Disciplinary Panel is satisfied followed the administration of the anabolic steroid (Manual C – 55.5.2), up until the commencement of the suspension (i.e. period of ineligibility to start in a race).
  - The period of disqualification and suspension shall be 14 months in total. For example, with a frozen sample that was collected six months prior to analysis, the horse will be retrospectively disqualified from all performances from the date of sampling until the positive sample is reported, and then suspended for a further 8 months to make up the full 14 months.
  - The responsible person(s) will be subject to a Disciplinary Panel hearing as per the process for Manual C, schedule 6, paragraph 3 substance positive samples.
- There are no exemptions from the Policy.
- The responsibility for adherence to the Policy will lie with the registered keeper (“Responsible Person”). The Responsible Person will be the trainer while the horse is under his care or control and the owner at all other times.
- Additional person(s) may also be proven to be party to the administration of an anabolic steroid.
- Should a horse test positive for anabolic steroid administration, the responsible person(s) will be subject to a Disciplinary Panel hearing as per the current process for Manual C, schedule 6, paragraph 3 substance positive samples. It is the responsibility of the owner/trainer to prove that any anabolic steroid was administered prior to policy implementation, and that was at a time that the horse was permitted to receive anabolic steroids.
- British licensed trainers travelling with British trained horses must adhere to the policy regardless of where in the world they are.