

COACHING MATTERS



A new year brings new aspirations to providing coaching to racing's participants. The Jockey Coaching Programme goes from strength to strength with many of our young jockeys increasingly relying on their appointed coaches to give them the extra edge needed to succeed in this tough sport.

In much the same way, the Jockey Coaches themselves demonstrate a thirst for continuous

improvement, whether this is through spending time with coaches from other sporting disciplines or by taking higher level training and qualifications.

We hope that all those involved in racing and Thoroughbred breeding see real and tangible benefits from the support, training and coaching available to its highly skilled and professional workforce.

REVIEW OF JOCKEY LICENSING PROCEDURES 2017

Richard Perham, BRS Jockey Coach, reviews the changes to jockey licensing procedures introduced in 2017:

"It's now nearly one year since the change in the delivery of mandatory jockey training, and from a teaching and assessing perspective I feel that this has been a huge step forward in helping to ensure that the right people are being put forward for licences. The new system makes sure that those enrolled by their employer are deemed to be suitable to undertake the extended two-week licence course held at both at the British Racing School (BRS) and the Northern Racing College (NRC).

"Pre-assessments take place six weeks before each licence course and there are three elements during the pre-assessment that Kevin Darley, Philip Robinson and I take into consideration:

1. That the rider has the required level of basic skills on a horse to enable them, by the end of the licence course, to be assessed as competent, safe and effective to ride under the Rules of Racing
2. That the rider is physically fit enough to attend the licence course and go on to gain a licence
3. That the rider has enough basic information about the racing

industry and about what attributes are needed to become a jockey

"Pre skills and fitness assessments will not prevent aspiring jockeys from reaching their goals but will ensure they are fully prepared for the challenges when they move into their chosen career."

Richard went on to report that the majority of applicants were recommended for a place on a licence course but those who were referred were generally lacking the required level of fitness. All referred applicants are offered guidance, support and re-assessment opportunities.

INTERNATIONAL SUCCESS

In February 2018, Apprentice Jockey Sebastian Woods (pictured on the previous page) travelled to Italy to take part in the prestigious Ribot Cup held at San Rossore racecourse, Pisa. Sebastian is currently Apprentice Jockey to one of Britain's top trainers, Richard Fahey, who is based in Malton and coached by Kim Tinkler.

This is the first year that the Ribot Cup has been run in association with the European Association of Racing Schools (EARS), allowing the five Racing Schools taking part to nominate their own riders.

Sebastian rode in three races throughout the day, winning the Premio Alex Piombo (over 1,600 metres) and coming second in the Premio Scuola Allievi Fanatini (over 2,000 metres) which gave him enough points overall to be crowned victorious in the 11th Ribot Cup. He now joins the ranks of previous winners of the Ribot Cup which includes Andrea Atzeni and Adam Beschizza, both BRS alumni.

Sebastian was clearly delighted as he tweeted an image of his trophy, stating: "Absolutely over the moon to not only get a nice winner but also to win the Ribot Cup. It was a great experience."

THE COACHING TEAM

The pool of registered Jockey Coaches is ever-expanding. Below is our current 23-strong team. Please [email Polly Greco](mailto:Polly.Greco@brs.org.uk) at Polly.Greco@brs.org.uk for further information on accessing a Jockey Coach.

Alex Greaves	Kim Tinkler	Peter Scudamore
Brian Harding	Luke Dace	Phil Kinsella
Carl Llewellyn	Mark Bradburne	Philip Robinson
Colin Brown	Michael Hills	Robert Bellamy
Dominic Elsworth	Michael Tebbutt	Rodi Greene
John Bramhill	Mick Fitzgerald	Russ Garritty
John Reid	Neil Pollard	Tim Reed
Kevin Darley	Nick Bentley	

For BRS regional training please contact the BRS on 01638 665103 or info@brs.org.uk

For NRC regional training please contact Sam Trainor on 07711 782272 or Sam.Trainor@northernracingcollege.co.uk

POINT-TO-POINT PLANS EXPANDED JOCKEY COACHING PROGRAMME

The Point-to-Point Authority (PPA), in conjunction with the Point-to-Point Owners' and Riders' Association (PPORA), have produced a programme of learning and development opportunities for Point-to-Point riders this season.

Simulator sessions and instructional course walks have proved invaluable and extremely popular, as did a new initiative this season, the "schooling & jumping" day at the Northern Racing College (NRC).

Six simulator sessions have already been held, all led by recognised BHA Jockey Coaches, while seven walks have been planned during the season to coincide with PPORA Novice Riders races and the final in April at Garthorpe.

At the "schooling & jumping" day, six riders got to bring their own horses along for some expert tuition in the art of jumping. The day was wrapped up with extensive video analysis, and all six point-to-point riders concluded the day was incredibly helpful.

The PPA will be expanding their Jockey Coaching programme for the 2018-19 season by implementing training, education and support to future Point-to-Point riders as part of their first licence application. This will be delivered to equip riders with more confidence and ensure maximum enjoyment through having learnt the necessary technical skills. The PPA are extremely grateful to the BHA for their continued financial support. For more information please [email Clare Hazell](mailto:clarehazell@p2pa.co.uk) at clarehazell@p2pa.co.uk

REGIONAL TRAINING

Regional training in Middleham, the result of a pilot initiative between the NRC, BHA and the Racing Foundation continues to flourish.

Sam Trainor organises a vast range of activities and events that not only provide training and education but supports the local racing community. Activities for spring 2017 included fitness training and practical veterinary sessions. Sam reported: "As part of the fantastic boot camp that some of our work riders are doing in Middleham, a visit has been arranged to Liverpool John Moores University to see Dr George Wilson. Not only will they be able to see and try the equipment the jockeys use for analysis but also be able to get insights from George about a way forward for stable staff for their fitness and overall well-being."

2018 TRAINING DATES

Forthcoming spring and summer training opportunities include:

Apprentice Licence Course: 2-13 July (BRS)

3lb Claiming Seminar: 29 May (OH)

5lb Claiming Seminar: 19 July (OH)

7lb Claiming Seminars: 26 April (Hartpury), 13 June (JBH)

Pre-assessment Apprentice: 22 May (BRS),

24 May (NRC), 24 July (NRC), 26 July (BRS)

Pre-assessment Conditional: 29 June (BRS), 5 July (NRC)

Category 'A' Amateur Courses: 17-18 April (BRS), 24-25

April (NRC), 15-16 May (NRC), 5-6 June (BRS),

25-26 July (NRC)

Category 'B' Amateur Course: 14-18 May (BRS)

Additional Courses

18-22 June Trainers Module 1 NRC

9-12 July Trainers Module 2 NRC

30 July - 02 Aug Trainers Module 3 NRC

Updates on careersinracing.com