



# COACHING MATTERS

## NEW APPRENTICESHIP FOR PROFESSIONAL RIDERS

**BHA is working with other equine National Governing Bodies to create a new and unique apprenticeship for Jockeys, Competition Riders and Work Riders/Young Horse Producers. This government-funded programme will be set at Level 3 and provide the technical, tactical and lifestyle skills required to support these career pathways.**

For further information, please contact Gill Greeves, BHA Vocational Training Manager at [ggreeves@britishhorseracing.com](mailto:ggreeves@britishhorseracing.com)

## WELCOME TO ADAM GREEN

**We are delighted to welcome Adam Green to the BHA.**

Adam commenced his role of Head of Training and Retention at the end of February and brings with him a wealth of experience in athlete development through his previous role as Head of Safeguarding at Everton Football Club. Passionate about racing and a former racehorse owner, Adam is looking forward to working with the many stakeholders involved in providing training and promoting retention of racing's workforce.



## COURSE WALKS - SEE IT, RIDE IT, WIN IT!

**Preparation is key to any sporting success and race riding is no exception. BHA worked with Cheltenham and Aintree Racecourses to introduce mandatory course walks for first and second time riders in the 2019 Festivals.**

Carl Llewellyn, Dominic Elsworth and Brian Harding were in attendance on each day of the meetings to conduct course walks and provide coaching advice. Jockeys were engaged and appreciative of the opportunity to fully prepare for their race rides.

## COACHES ON RACECOURSES

**Jockey Coaches will place a notice on the Weighing Room Notice Board if they are in attendance at a race meeting.**

As these notices will include contact details for the Jockey Coach, all Jockeys are welcome to liaise with the Coach to discuss any coaching-related matters.





## EXCITING EXTENSION TO THE REGIONAL STAFF DEVELOPMENT PROGRAMME (RSDP)

**Following a very successful piloting of centred training activities in Middleham, we are delighted to announce that the Racing Foundation has agreed to fund an extension of the programme.**

The newly launched RSDP will see Regional Coordinators operating in Lambourn, Malton, Middleham and Newmarket. They will organise and deliver a full programme of local and yard-based training and skills development activities. The Programme will not be confined to these areas as the two Multi-Purpose Training Vehicles will be on the road to provide support to outlying yards.

The programme is designed to provide existing staff with the opportunities to further develop their skills in a range of subject areas including:

- Advanced understanding of the racing industry
- Mentoring and coaching
- Horse health and welfare
- Personal fitness
- Equine nutrition
- Horse care and stable management
- Human first aid
- Schooling and work riding.

Overall management will be the responsibility of the Northern Racing College, who will also oversee activities in the North, whilst the British Racing School will oversee training provision in the Southern part of the country. Information will be provided over the next few weeks to staff and employers with details of forthcoming training activities but initial expressions of interest should be made to Sam Trainor (Samantha.Trainor@northernracingcollege.co.uk) or Carol Bramhill (Carol.Bramhill@brs.org.uk).

## RIDER COACHING PROGRAMME

**Congratulations are extended to the second cohort of senior racing staff who have achieved their Level 1 Racing Coach qualification. This exciting new initiative for racing aims to provide senior staff with the coaching skills they need to develop the less experienced members of their team. Certificates were presented at a celebratory event kindly hosted by Catterick Racecourse (see below picture).**

There are four more Racing Coach training courses planned for 2019. These will be held in Lambourn, Malton and two in Newmarket. The training is provided over five separate afternoons with a half-day assessment scheduled at the end of the course. For further details please contact Sam Trainor (Samantha.Trainor@northernracingcollege.co.uk) or Carol Bramhill (Carol.Bramhill@brs.org.uk).

